



Florida Digestive Specialists

Over 30 Years of Service

5651 49th St. North
St. Petersburg, FL 33709

1417 S. Belcher Road, Suite A
Clearwater, FL 33764

Phone: (727) 443-4299 **Fax:** (727) 443-0255

Preparation instructions for Upper Endoscopy (EGD)

You are scheduled to arrive on _____

You will be called 1-2 business days prior to your procedure with your actual arrival time. The arrival time will be between 7am and noon. Procedure time is subject to change without notice due to emergencies, cancellations, and other unforeseen situations beyond your doctor's control. **Make sure you have notified us regarding any history of poor IV access, heart conditions, latex allergies, allergic reactions to anesthesia, etc.**

If you are taking Plavix (Clopidogel), Coumadin (Warfarin) or Pradaxa:

_____ Do NOT stop your Plavix/Coumadin/Pradaxa

_____ Ok to stop your Plavix/Coumadin/Pradaxa on _____ (5 days before procedure)

_____ We are requesting clearance to hold your _____. You are NOT to stop this medication without clearance from your specialists. We will contact you with instructions. If you have questions, or have not heard from our office please call for clarification before holding your medications.

Other Instructions: _____

If you take Aspirin follow the indicated instructions below:

_____ You may continue Aspirin

_____ Stop your Aspirin on _____ (3 days prior to your procedure)

_____ Starting _____ (3 days prior) take only an 81mg Aspirin daily

On _____ (3 days prior) stop NSAIDs (Ibuprofen, Advil, Aleve, Naproxen, Voltaren, etc), Fish Oil and Vitamin E

THE NIGHT BEFORE YOUR PROCEDURE YOU SHOULD HAVE NOTHING TO EAT OR DRINK AFTER MIDNIGHT!

On _____, the day of your procedure:

You should have nothing to eat or drink before your procedure.



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You are to take any **breathing, blood pressure (DO NOT TAKE LISINOPRIL), HIV and seizure medication** with a **small sip of water** by 6:30am the morning of your procedure. Do not take any other medication the day of the procedure unless otherwise instructed.

Diabetic Patients: The morning of your procedure do **NOT** take any oral diabetic medications. You should **NOT** take your morning dose of Regular or Humalog insulin. You should only take **HALF** of your usual morning dose of long acting insulin, unless otherwise instructed.

Please do not wear makeup or jewelry. Leave any valuables at home.

Please bring the following items to the facility if they apply:

_____ Insulin

_____ Cpap/Bipap machine

_____ Respiratory inhalers

_____ Device cards (stents, heart valves, pacemakers, etc.)

Because you will be sedated for the procedure, **please have someone with you that can drive or accompany you home after the procedure.** If you do **NOT** have someone with you or a taxi arranged, you will not be allowed to have your procedure and you will be rescheduled for another day. You may be able to take the bus home if you have a responsible adult with you for the duration of your travel time.

We do not recommend that you plan to return to work after the procedure. You should plan a day of rest and relaxation. Do **NOT** drive for the next 24 hours.

If you have any questions please do not hesitate to call 727-443-4299 and speak with one of our Medical Assistant's.

Lorri 1227 Yairis EXT 1319 Melissa EXT 1230 Jessica EXT 1205

Please Note that if you must reschedule or cancel your procedure, this may result in a repeat office visit to update your history and physical.

This procedure requires the patient shower the morning of the procedure.